

Health & Wellness - Substance Abuse - Community

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Region: **East** **Circle which primary base program it addresses -** **(4-H)** **(FCS)** **(CD)**

Section 1. Relevance

Where did this issue surface?

Texas Community Futures Forum

County Committees

Commodity / Industry / Special Interest Groups

What is the issue/problem?

Substance abuse in youth.

Problem size and scope? (How many people does it affect? How wide spread?)

>79 counties statewide see it as the #1 state issue in TCFF

>30 counties in East Region (½ of the region) saw it as an issue

Problem severity? (How serious is this issue?)

High

Description - Drugs / Alcohol/ Tobacco

Target Audience? (Who does the problem impact and how many?)

Community members

What are some general characteristics of the audience this program targets? How will you market this program to others?

Civic organizations such as Rotary, Lions, Kiwanis, TEEA and church organizations

Section 2. Response

State the goal of the program.

To decrease the use of alcohol, drugs and tobacco in youth and to increase positive use of leisure time among youth.

State the outcome objectives.

Client Change	At the end of this program, will....
<i>Knowledge</i>	increase knowledge on..... >effects of alcohol, drugs and tobacco use in youth >alternative use of leisure time
<i>Skills</i>	develop skills.... >in working with youth as mentors in positive youth activities, habits, and lifestyles
<i>Attitude</i>	change their attitudes pertaining to... >outlook on youth in community, i.e. restaurants will prohibit smoking
<i>Behavior Change</i>	adopt.... >practice of not accepting, i.e. smoking in restaurants >schools adopt MADD and SADD programs
<i>New Technology</i>	adopt.... >websites where youth and community can log on to ask questions anonymously
<i>Best Practice</i>	adopt

Program Design.

Topic (Subject Matter) **	Strategy to Deliver Content (Method)	Existing Resource(s)	Contact Person(s) (Includes CEA's Specialists, Commodity Reps)
Put It Outside Tobacco Prevention		"Put It Outside"	Carol Rice Courtney Schoessow

Character Education		“Texans Building Character” “Character Counts”	Extension Specialists
Drug prevention		“Too Cool to Do Drugs”	Extension Specialists
Workforce Preparation		“Leading the Way-How to Build a Workforce Preparation Effort in Your Community Reference Guide”	Extension Specialists

Section 3. Results

Client Change Level	Sample Questions (Review the objectives section to help place questions or statements in the space below)
<i>Knowledge</i>	Pre and Post Test 1. What is the cost (taxpayer, personal) of one incarcerated individual due to drug use? 2. Can you recognize drugs, i.e. marijuana, alcohol?
<i>Skills</i>	1. Can you identify what drugs are problems in your county? 2. How have local specialists / resource people been able to impact drug prevention in your community?
<i>Attitude</i>	1. How have community members and leaders changed their outlook on youth? 2. How has your opinion of youth and working with youth changed?
<i>Behavior Change</i>	1. Has your community been able to develop any ordinances regarding drug use / alcohol / tobacco use? 2. Have local businesses been able to implement changes? 3. Have local communities implemented curfews? 4. How have schools been able to impact, change or eliminate alcohol / drugs / tobacco use? 5. What programs have you been able to implement in your community? 6. How have you been able to impact the community by working with youth?
<i>New Technology</i>	1. Have local community organizations or schools been able to implement Internet technology in supporting drug / tobacco /alcohol prevention? 2. Have community members, specialists, and leaders committed volunteer time in “manning” the website?

Interpretation. The last step in the process is interpreting the results to our stakeholders. List internal and external stakeholders that would be interested in the results of this educational program. Do not forget to think about other state agencies and groups that would be interested in these outcomes.

Internal to Extension Stakeholders	External Stakeholders
Extension Administration 4-H Leaders, parents, and members TAMU University System and other university systems County Extension Agents System Specialists	State Legislature Commissioners Court Law Enforcement Community Members

Additional Resources. What additional resources are needed to address this issue? In other words, what is needed to design innovative programs that will impact our audiences? Use the space below or the back if needed.

- >Money
- >Prepackaged programs
- >Youth & Health Specialist

