

**TEETER, TOTTER BUT DON'T
FALL DOWN:
BALANCE AND FALL
PREVENTION**

**This was a very informative
session. (circle one)**

Agree Neutral Disagree

**I learned something in this
session that I can take home and
use. YES or NO (circle one)**
(Please explain in the space below).

**YOU'RE DRIVING ME CRAZY!
AGING AND DRIVING**

**This was a very informative
session. (circle one)**

Agree Neutral Disagree

**I learned something in this
session that I can take home and
use. YES or NO (circle one)**
(Please explain in the space below).

IMPROVING YOUR MEMORY

**This was a very informative
session. (circle one)**

Agree Neutral Disagree

**I learned something in this
session that I can take home and
use. YES or NO (circle one)**
(Please explain in the space below).

**EATING HEALTHY SHOWS ON
YOUR FACE: NUTRITION AND
HEALTHY SKIN**

**This was a very informative
session. (circle one)**

Agree Neutral Disagree

**I learned something in this
session that I can take home and
use. YES or NO (circle one)**
(Please explain in the space below).

**TAKING THE OFFENSIVE:
PLANNING FOR A
HEALTHCARE CRISIS**

This was a very informative session. (circle one)

Agree Neutral Disagree

I learned something in this session that I can take home and use. YES or NO (circle one)
(Please explain in the space below).

**RUNNING HOT AND COLD:
WOMEN'S HEALTH**

This was a very informative session. (circle one)

Agree Neutral Disagree

I learned something in this session that I can take home and use. YES or NO (circle one)
(Please explain in the space below).

**CANCER: GAINING ON THE
ENEMY**

This was a very informative session. (circle one)

Agree Neutral Disagree

I learned something in this session that I can take home and use. YES or NO (circle one)
(Please explain in the space below).

**DON'T GET BENT OUT OF
SHAPE:
HIP AND BACK PAIN**

This was a very informative session. (circle one)

Agree Neutral Disagree

I learned something in this session that I can take home and use. YES or NO (circle one)
(Please explain in the space below).